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# This Is The Noise That Keeps Me Awake



## Synopsis

"This title is an honest and in-depth account of the story of an uncompromising, experimental, never boring band...Through a first-person narrative, an abundance of photos, and solid data (including an extensive discography and list of tour dates) these musicians have produced the template for rock (auto) biography. This is unmitigated Garbage. Refuse to settle for anything less."--Library Journal (starred review)"In the book, [Shirley] Manson is seen with a bob cut and smudged black eyeliner, power posing for magazines and shredding guitar solos onstage. You'll also find candid interviews, cocktail recipes (one reads 'fill your glass with garbage'), and hundreds of archival photos from the road."--The Cut/New York Magazine"Look at the band's just released funny, engaging and defiant coffee table book, *This Is The Noise That Keeps Me Awake*. Written with journalist Jason Cohen, the tableau tells the story of the band's rise to success to the tune of more than 17 million albums sold and the ups and downs that came with that, mixed in with the group's custom cocktail recipes, sidebars on the worst foodborne illnesses they have had, Manson's love for the San Antonio Spurs and the rest of the band's affinity for the Green Bay Packers and celebrity encounters like Bono and Bill Clinton."--Forbes"Garbage will release a coffee-table book full of artifacts, photos, and anecdotes that capture their long history: pages of lyrics with penciled-in edits, cocktail recipes--like one for 'Vodka With Anything'--and snapshots from a forgotten era where Manson wore her hair boy-short and platinum blonde."--The Cut/New York Magazine, from a feature on Shirley Manson"With input from all four of the band's members, the book looks at Garbage's musical process and how they've coexisted as a band for over two decades."--Dazed"This Is the Noise That Keeps Me Awake is ultimately a tale of survival. The band fought constantly against record companies, illnesses, trends, and a million other headaches to become an international success...Against the odds, Garbage has remained one of the only survivors of the post-grunge era, one that continues to push their own boundaries and explore what they're capable of."--Noisey/VICE"All I know is, if you call yourself Garbage, you're going to start hanging out with garbage, and the next thing you know, you will be garbage."Carrie Elizabeth Erickson (1920-2012) to her son Douglas "Duke" Erikson, 1995Garbage are known around the world for songs that mix pop sweetness with the dour thunder of industrial music and the rhythmic punch of hip-hop. Now, for the first time, the four band members tell the story of that music in their own words. Packed with rare photos and personal snapshots, this book examines how Garbage make their music, and how they've kept it together (or not) for more than twenty years. The beautifully designed, large-format coffee-table book is bound with an embossed cloth hardcover and finished with a dust jacket. The edges of the text pages, printed on luxurious matte art paper in six colors,

are finished with a stunning pink spot color. This Is the Noise That Keeps Me Awake is a must-have (and perfect gift) for Garbage's fans. Excerpt (In the words of Butch Vig, drummer): "It was 1995, we were finishing our debut album, and I was stressed. A lot of music business people had told me it was a mistake to give up full-time music production to start a band. So I ignored them all and took a leap of faith. The simplest reason was that I just wanted to be in a band with my friends. I'd been playing with Duke and Steve for several years, and now we had a new beginning with an X factor: a Scottish singer named Shirley. She seemed like a good fit for our little club of misfits. So we all took that leap."

## **Book Information**

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## **Customer Reviews**

"Fans of Garbage (the band, of course) are going to be happy (and not only when it rains, as the song says) with the coffee-table book This is the Noise that Keeps Me Awake written by Garbage with Jason Cohen, and crammed full of color and black & white photos, band interviews and much more."--Baltimore Out Loud"Die-hard fans and alt-rock aficionados, prepare for 208 pages of archived photographs, studio memories, cocktail recipes, and candid tour moments from their 22-year history together, as well as their individually careers, all leading up to the creation of their own label, STUNVOLUME, and the release of their sixth studio album, 2016's Strange Little Birds. Accompanying the members' trips down memory lane are helpful tidbits supplied by music journalist Jason Cohen, making for an especially informative super-long chill studio session."--Nerdist"This heavy-duty, 208-page collection of arresting professional photos, candid shots and oral histories

featuring all four members proves Garbage is indeed worthy. In fact, the boldly designed pink-and-black book is almost as much fun to read as it is to look at."--Isthmus Magazine"Using a trove of archival photos--many of which have never been seen--and loaded with great anecdotes, this book is a perfect compliment and introduction to one of the most beloved bands of the last 20 years."--The Interrobang"While chronicling the band's meteoric rise to fame, This Is the Noise That Keeps Me Awake also includes cocktail recipes, favorite songs, surprising personal anecdotes, and every gig Garbage ever played. An examination of the drastic changes within the music industry over the past two decades is unexpectedly engaging and offers a nuanced insider's perspective on the turn to digital music consumption."--Fine Books & Collections

Described by Pitchfork as "the alternative to everything," Garbage pioneered their wildly inventive fusion of pop, heavy guitars, and hip-hop and industrial textures more than two decades ago. Their 1994 debut album--recorded in Madison, Wisconsin, by Shirley Manson, Duke Erikson, Steve Marker, and Butch Vig--made them one of the most acclaimed, adventurous, and best-selling bands of the nineties, and an international phenomenon: double platinum in the UK, US, and Australia, headlining festivals around the globe. Their six studio albums have collectively sold over fifteen million copies worldwide. In 2012, Garbage declared their independence by founding their own label, STUNVOLUME, allowing the band to chart their own course on their own terms. After a new album, Strange Little Birds, and an extensive tour in 2016, the band continues to define a future celebrating differences. This Is the Noise That Keeps Me Awake is their first book.

A terrific book for fans of Garbage, covering over 20 years of music from this band... Lots of interesting stories from Butch Vig , Shirley Manson and the other band members... Vivid colors on the pages... The book is larger than I thought it would be.... I was lucky to see Garbage in July 2017 at the Mystic Lake Casino in Minnesota on their current tour with Blondie.... My favorite song is still "Stupid Girl".... Garbage Rocks !!!You will enjoy the stories and photographs in this book....

Great book if you're a Garbage fan. Lots of nice pictures and perfect coffee table style book for display.

Filled with great photos & stories about the band . This book is a must for any Garbage fan!

Just got mine today, and visually, this book is gorgeous! There are pictures on every page (many

new to me, a long time fan!) which you would expect. This book doesn't disappoint in presenting tons of pictures of the band members at different times in their careers. But I really enjoyed the unexpected pictures, like the handwritten label of a demo, ticket stubs from the Version 2.0 tour, and a handwritten page from Butch's journal. The book is big, and bursting with content. This is a band chronology, not a Shirley chronology, and that got my attention. While it's true that most got into and follow Garbage because of Shirley Manson, the book is the story of the band, and there's much there that hasn't been revealed before -- including recipes for favorite drinks, lists of each band member's favorite songs, and even a complete listing of every Garbage show from start to present! It's easy to see after glancing through this how much Garbage is a band composed of people who need each other to do what they do. There's real integrity on display here, the kind of you have to have to keep a career going long term. With a new tour coming, the future is bright! Here's hoping for a new album soon.

Amazing book! Informative, beautiful and engaging! It's a must have diary of Garbage!

Practically speaking, I can't imagine you are considering buying this book unless you are a pretty big Garbage fan. If that is in fact the case, the question becomes whether this is worth it (at least that was my question). This answer is yes. This book, far from being another career retrospective that is more pictures than substance has detailed accounts throughout from each of the band members. Real stories and moments beyond just another magazine article. There are some sections (like various mixed drink recommendations) that come across as ideas that maybe should have been discarded rather than embraced so thoroughly, but it is difficult to argue with the ultimate result: a fun, thorough look at what it has been like to be in a great band for twenty years. Highly recommended for anyone who has stuck with the band through all these years, or even the one time super fan who may have lost track.

There isn't any band in my lifetime that I've followed as long as I have Garbage. When they disappeared for seven years, it was sad, and it didn't help that the world seemed content to settle with bland pop music and kind of forget about alternative rock. Fortunately, when the band returned, the fans did not forget. After more than 20 years, Garbage has released a book called *This Is The Noise That Keeps Me Awake*. It probably doesn't contain anything that hard core fans don't already know from years of interviews and articles, but it does pull everything together into a compelling narrative. On paper, I'm not sure that this is a band that even makes sense, but there's no arguing

with the critical and popular reaction to the band over the last two decades. Where the book really shines though is in its account of the decline of the music business, which is very much intertwined with the story of how the band stopped getting along and stopped having fun. I think that too many people put the decline of the business on the transition to digital distribution, and while that's certainly a part of it, the problems are much deeper than that. The band quite correctly describes an unrealistic expectation of hit streams and interference from people who aren't really artists. Absurd spending on studio time, producers and touring certainly didn't help either. One of the best parts for fans is the photos, and it's something you might take for granted until you realize that so much of what they had came well before digital photography was a thing. Shirley Manson has had many looks over the years, from the redheaded goth chick, to the short blonde hair (which she describes as a reaction to her personal loathing and chaos) to the pink bob. I think I realize now that the thing that has always made her attractive is not so much her look (well, to the extent that redheads are kind of my thing), but her confidence is something that comes through every time you see her, and unless you're turned off by that sort of thing, it's an incredibly attractive quality in a person. It's a recurring theme with her, that she's hyperaware of her flaws and issues, but in no way will she be apologetic about who she is. There's a lot more from "the boys" here, too. Butch Vig has had plenty of words in the press over the years, given his A-list producer credits for some of the best albums ever made, but he spends a lot of time talking about he didn't want to be the "Nevermind guy with two other dudes and a hot chick." We also get a lot of insight into the creative dynamic of Manson, Vig, Steve Marker and Duke Erikson. Despite the discomfort of the time leading up to their hiatus, it's amazing how much they seem to really like each other, and the collaboration is intense. We know how the story ends... they get back together at the start of this decade, and they've since created two new albums and re-issued their first. Their fan base is as devoted as ever, they have their own label, and they continue to do things on their own terms. The live comfortably doing what they love. I have a lot of respect for that. There's a wonderful story in the book about when Shirley invites Steve's daughter on stage to sing the chorus with her from "Not Your Kind of People," as she's one of the child vocals on the recorded version. Certainly this book is for fans, but I think that anyone interested in the history of popular music or the continuing evolution of music as a business will enjoy the read. It has a lot of fun anecdotes and sidebars that include drink recipes and a full list of all tour dates ever.

This book is incredible - I hadn't heard anything about it before buying it, but it was a reasonable price and I love Garbage so thought "why not?". The thing is huge - full of amazing stories about

the band - and it's beautifully laid out and presented. Definitely worth buying for any Garbage fan.

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